

Yoga Liability Waiver

I hereby agree to the following:

1. I am participating in yoga, a form of exercise whereby I may experience physical exertion, which may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a doctor prior to and regarding my participation in yoga and that I have no medical condition that would prevent my participation in this activity.
3. I agree to assume full responsibility for any risks, injuries or damages, known and unknown, which I might incur as a result of participating in yoga.
4. I knowingly, voluntarily, and expressly waive any claim I may have against the instructor, the owner, or the leaseholder of the building for injuries or damages that I may sustain as a result of participating in yoga with Chloe Newman Yoga.
5. For pregnancy yoga I am over 12 weeks pregnant and have consulted my doctor or midwife prior to attending yoga class. I will let Chloe Newman know if I have any medical conditions relating to or not relating to my pregnancy.

Covid compliant section:

I acknowledge that Chloe Newman Yoga cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of myself and others, including, but not limited to, Chloe Newman Yoga, her clients and their families.

I voluntarily seek services provided by Chloe Newman Yoga and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending my appointment.

I attest that:

* I am not experiencing any symptoms of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.

* I have not traveled internationally within the last 14 days.

* I have not traveled to a highly impacted area within the UK in the last 14 days.

* I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19.

* I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non contagious by state or local public health authorities.

I have read the above release and waiver of liability and fully understand its contents. I voluntarily agree to the terms and conditions stated above.

I agree to let Chloe Newman know my medical conditions and/or injuries prior to attending classes.